

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Cereal Fruit	Loaf Fruit	Toast Fruit	Muffins Fruit	Cereal Fruit
Lunch	Pizza Casserole Cooked Vegetables Coleslaw Bread Milk	Beans & Weiners Peas Tossed Salad Bread Milk Cookies	Roast B,P,H Mashed Potatoes Cooked Carrots Gravy Tossed Salad Bread Milk	Sausage Casserole Cranberries Rice Squash Raw Vegetables Bread Milk	Soup Sandwiches Cucumbers Milk
P.M. Snack	Salmon Pate Rice Crackers Fruit Milk	English Muffins Fruit Milk	Trail Mix Fruit Milk	Nachos/Salsa Fruit Milk	Rice Crackers Raw Veggies Fruit Milk
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Cereal Fruit	Loaf Fruit	Cereal Fruit	Muffins Fruit	Toast Fruit
Lunch	Chili Mashed Potatoes Green Beans Tossed Salad Bread Milk	Mac. & Cheese Coleslaw Peas Bread Milk	Chicken Casserole Rice Carrots Tossed Salad Bread Milk	Stew Raw Veggies Bread Milk	Spanish Rice Cooked Vegetables Raw Vegetables Bread Milk
P.M. Snack	Cheese & Crackers Fruit Milk	Bolog. Sandwiches Fruit Milk	Yogurt Fruit Milk	Assorted Wraps Fruit Milk	Bagels Cream Cheese Fruit Milk

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Cereal Fruit	Loaf Fruit	Toast Fruit	Muffins Fruit	Cereal Fruit
Lunch	Lasagna Tossed Salad Peas Bread Milk	Fish & Chips Coleslaw Corn Bread Milk	Meat Loaf Mashed Potatoes Broccoli Raw Vegetables Bread Milk	Soup Sandwiches Raw Vegetables Milk	Pepper Steak Rice Squash Raw Vegetables Bread Milk
P.M. Snack	Hummus Fruit Milk	Pita Pockets Cheese Fruit Milk	Pizza Fruit Milk	Granola Bars Fruit Milk	Graham Crackers Cream Cheese Fruit Milk
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Cereal Fruit	Loaf Fruit	Pancakes Fruit	Cereal Fruit	Muffins Fruit
Lunch	Chicken Pasta Tossed Salad Peas Bread Milk	Spaghetti Green Beans Coleslaw Bread Milk	Sausage Gravy Mashed Potatoes Cooked Vegetables Tossed Salad Bread Milk	Tuna Casserole Cooked Vegetables Raw Vegetables Bread Milk	Shepard's Pie Corn Raw Vegetables Bread Milk
P.M. Snack	Salmon Pate Fruit Milk	Bagels Fruit Milk	Assorted Wraps Fruit Milk	Hummus Rice Crackers Fruit Milk	Yogurt Fruit Milk